How can people find out more about Self-Directed Support?

Contact East Dunbartonshire Health and Social Care Partnership or look at our Self-Directed Support website page - https://health.eastdunbarton.gov.uk/self-directed-support

There is also an organisation called Glasgow Centre for Inclusive Living (GCIL) East Dunbartonshire (contact details overleaf) that can help people to find out more about self-directed support. There are other organisations that can help people to find out more listed on this leaflet.



Contact information

Adult Community Care Team
10 Saramago Street,
Kirkintilloch,
G66 3BF
Tel: 0141 355 2200

Children and Families Team
Social Work Headquarters,
Southbank House,
Southbank Business Park,
Kirkintilloch,
G66 1XQ
Tel: 0141 777 3000

Care at Home Team
Social Work Headquarters,
10 Saramago Street,
Kirkintilloch, G66 3BF
Tel: 0141 578 2101

GCIL East Dunbartonshire
Enterprise House,
Southbank Business Park,
Kirkintilloch,
G66 1XQ
Tel: 0141 776 2219

CEARTAS Advocacy Service
Suite 5 – 7, McGregor House,
Donaldson Crescent, Kirkintilloch,
G66 1XF
Tel: 0141 775 0433
Website: www.ceartas.org.uk

Carers Link
Milngavie Enterprise Centre,
Ellangowan Court, Milngavie,
G62 8PH
Tel: 0800 9752131 or
0141 955 2131
Email: enquiry@carerslink.org.uk
Website: www.carerslink.org.uk

Other formats and translations

This document can be provided in large print, Braille or audio format and can be translated into other community languages. Please contact the Council's Corporate Communications Team at 12 Strathkelvin Place, Kirkintilloch, Glasgow G66 1TJ Tel: 0300 123 4510

本文件可按要求翻譯成中文，如有此需要，請電 0300 123 4510。

اس دستاویز کا درخواست کرنے پر (اردو) زبان میں ترجمہ کیا جا سکتا ہے۔ براہ مہربانی فون نمبر 0300 123 4510 پر رابطہ کریں۔

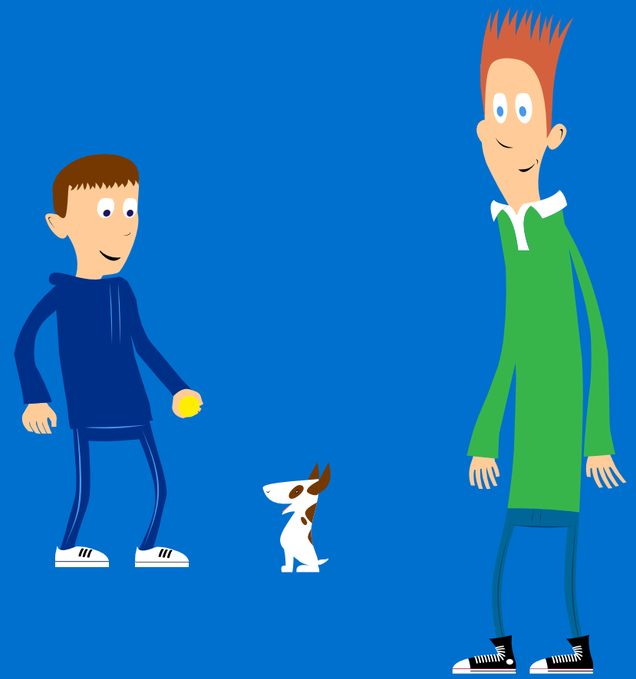
ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਮੰਗ ਕਰਨ ਤੇ ਪੰਜਾਬੀ ਵਿੱਚ ਅਨੁਵਾਦ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ 0300 123 4510 ਫੋਨ ਕਰੋ।

Gabhaidh an sgriobhainn seo cur gu Gàidhlig ma tha sin a dhith oirbh. Cuiribh fòin gu 0300 123 4510

अनुरोध करने पर यह दस्तावेज हिन्दी में भाषांतरित किया जा सकता है। कृपया 0300 123 4510 पर फ़ोन कीजिए।

East Dunbartonshire Health & Social Care Partnership

SELF-DIRECTED SUPPORT INFORMATION FOR YOUNG PEOPLE



sustainable thriving achieving
East Dunbartonshire Council
www.eastdunbarton.gov.uk

NHS Greater Glasgow and Clyde

What is Self-Directed Support?

If someone you know needs help to do everyday activities like getting washed and dressed, going out with friends or going on holiday, then using Self-Directed Support options can allow them to choose when, how, what and where they get that help. This means that the person you know can be helped to live at home in their community.

We want people to be able to have choice in all that matters in their life and to consider what is important to them.

Who can use Self-Directed Support options?

Anyone who is assessed and meets the Council's eligibility criteria can ask to manage their support using the Self-Directed Support options.

What is an assessment? An assessment is our way of learning about the person – learning about what is important to them, learning about what they want to do, where they want to live and what support they need to help them to meet their outcomes.

What is an outcome? An outcome is what the person wants to achieve, their goals in life.

What is eligibility criteria? Eligibility criteria is a way that Social Work can ensure that they are giving support to the people most in need.

During the assessment, staff from Social Work or Health will listen and talk to the person, and will listen and talk to their families and friends or anyone else that the person feels is important in their life. They will also talk to other important people in the person's life, like their doctor, teacher and nurse.

What are the Self-Directed Support options?

= Council = Budget = Provider = Customer

Option 1 – Direct payment: this means that the Council will give the person a budget, which will be paid into a bank account. The person arranges, and pays directly for, their support and services.

Option 2 – Individual Service Fund: this means that the person chooses the organisation (which could be more than one) that is going to support them and asks the Council to pay the budget to their chosen organisation/s. The person then tells the organisation about how they want their support or services provided.

Option 3 – Council arranged support: this means that the person asks the Council to choose the support, make the arrangements and pay for it on their behalf.

Option 4 – This means that you can use a mixture of 1, 2 and 3.

Choose an option: during this time the person will be given information about the self-directed support options and will choose how they want to arrange their support.

What does the person have to do?

Ask for an assessment: The person or their GP, friend or family can contact Social Work and ask to discuss using self-directed support options for their support.

Develop a Support Plan: the person will work with staff from Social Work or Health to create a support plan. The support plan will show:

- What the person wants to do, their goals in life
- How they are going to reach their goals
- What support they need to help them reach their goals
- How much it will cost
- How we will make sure the person and others remain safe when receiving support
- Any emergency support plans in case the arrangements get cancelled.

Does the person have to pay anything?

Sometimes the person might have to pay for some of the support. This will depend on their age, their income (wages, benefits, savings) and what the support is needed for. The person will pay the same amount towards their support no matter what self-directed support option they choose.