

# **East Dunbartonshire Health & Social Care Partnership**

## **Strategic Plan 2025-30**

### **Easy Read Version**



# Introduction



We are East Dunbartonshire Health and Social Care Partnership.



We deliver community health and social care services to the people who live in East Dunbartonshire.



Our strategic plan explains what we plan to do for the next 5 years from 2025 to 2030.



A long version of the strategic plan, which includes more details, is on our website.

[Strategies and plans - East Dunbartonshire Council Health and Social Care](#)

# Our Services

Here is a list of some of the services that we deliver and are included in the plan:



Adults and older people's services,  
such as Day Care



Alcohol and drug services



Children's services

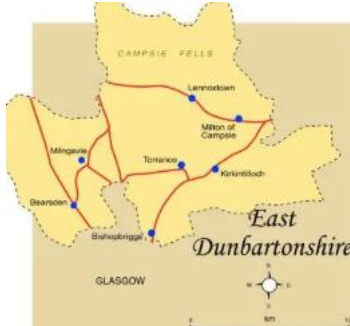


Learning disability services, such as  
The Allander and respite



Mental health services

# About the People Who Live in East Dunbartonshire



Our strategic plan includes information about the people who live in East Dunbartonshire.



We use this information to help us to plan for the future.

Here is some of the information we have used:



108,980 people live in East Dunbartonshire.



We have the highest life expectancy in Scotland for males and the third highest for females.



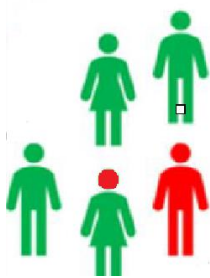
Around 1 in 4 people are over 65 years old.



We expect there to be more older people living in East Dunbartonshire in the future.



Nearly 1 in 10 people are from a minority ethnic group.

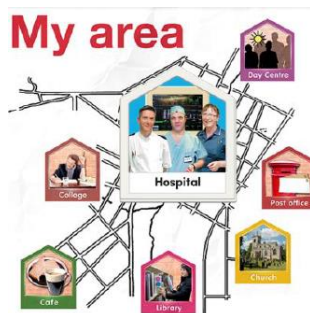


More than 1 in 5 people have a long-term illness, disability or condition.



Around 1 in 11 people have a physical disability.

## Our Main Challenges



We need to understand what is needed in our local areas to help us to plan.



We asked people in East Dunbartonshire what is important to them and this helped us to decide what to do for the next 5 years.



We also need to understand what challenges we will face in East Dunbartonshire.



One challenge is that there are more people now who need services but there is less money to pay for them.



The number of people who will need care and support from us will also keep getting bigger.

## What We Plan To Do



Our strategic plan explains what we plan to do over the next 5 years.



We also have plans called annual delivery plans, and these explain in more detail what we will do each year.



We have reports at the end of each year to explain what we have done well and what we need to improve, and these are on our website.



Over the next 5 years, we want to change how we deliver our services and help people to care for themselves when possible.



We want to help people to have a good start to their lives and to live well and age well.





We want to help people to be well throughout their lives and as they get older.



We want to help people to live as independently as possible.



We want to help everyone to get the right care and support when they need it.



We want to help to keep people safe and healthy.



We want to make the best use of our facilities, people and resources.



# Strategic Priorities

## 6

A strategic priority is something very important that an organisation decides to focus on.

We have 6 strategic priorities which help explain what we plan to do:



### 1. Empowering people

This means we want to help people to have power and control over their own lives.



### 2. Empowering and connecting communities

This means we want to help people be involved in their communities.



### 3. Prevention and early intervention

This means we want to help prevent, stop or slow down how much people need our services.



### 4. Public protection

This means we want to help to protect people from harm.



## **5. Supporting carers and families**

This means we want to help people who care for others and their families



## **6. Improving mental health and recovery**

This means we want to help people with their mental health and recovery from alcohol and substance abuse.

# **Strategic Enablers**

# 5

A strategic enabler is something an organisation can use to help achieve its plan.

We have 5 strategic enablers which help to explain how we will achieve our plan:



## **1. Collaborative commissioning**

This means we will work with other organisations to make sure people get the best service possible.



## **2. Infrastructure and technology**

This means we will use technology to help people look after themselves where possible.



### **3. Maximising organisational integration**

This means we want to help the people that work for us to work well together and with others.



### **4. Medium-term financial planning**

This means we will plan how to spend our money in the best way possible.



### **5. Workforce and organisational development**

This means we will make sure the people who work for us are fully trained and looked after to help them do the best job possible.