

Tell us what you think about our ideas for the new East Dunbartonshire Carer Strategy 2023-2026

Tell us what you think



1. Do you think the idea is a good one?

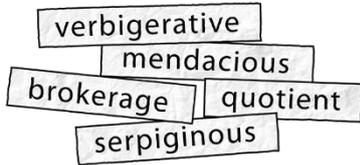
Yes

No

Not sure



What this document is about

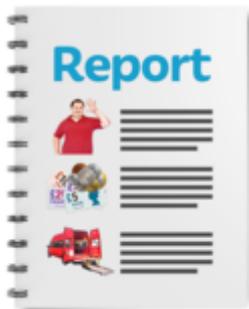


In this document we have used some words that not everybody will understand.

We have written these words in **bold**.



If you see a word written in bold it will be explained on the same page.



This is an easy read **summary** of the East Dunbartonshire Carers **Strategy** for the years 2023 to 2026.

A **summary** is a short version of a report that tells you only the main points.



A **strategy** is a big plan that tells you what is supposed to happen.



East Dunbartonshire **Health and Social Care Partnership** is working with Carers Link to gather your views.

Health and Social Care Partnerships were started so that local NHS and Council services work better together.



The report will tell you the ideas East Dunbartonshire Health and Social Care Partnership have to make support and services better for Adult and Young Carers.



We want to know if you think the ideas will make things better.



Your answers to these questions will help to make sure that the **strategy** is about the right things.

What does the Health and Social Care Partnership want to do?



We want to have better information and advice on support for carers.



We want to offer support to carers as early as possible to stop things going wrong.



We want to involve carers in planning their support.

We want to do this using their strengths and **skills** – things they are good at.



We want to support carers to keep well and to get some quality time away from their caring role.



We want to complete more Adult and Young People **Support Plans**.

A **Support Plan** says what support someone should have and how it will help them live their life.



We want to make sure that everyone gets the same opportunities.



We want to involve Carers to make plans for the person they care for, including times when they are in hospital.



We want to have more choice of support for carers.

We want to involve them in the planning of new services and supports.



We want to have communities that have the support and services that carers need.



We know the pandemic has been a difficult time for carers.

We want to support carers to recover.

What do you think?



Do you think these are the right things to do to make support and services better?

Please put a mark in the box for your answer.

If you are filling out the form electronically, click in the box against your answer and a tick will appear.



 Yes	<input type="checkbox"/>
 No	<input type="checkbox"/>
? I am not sure	<input type="checkbox"/>

If you want to tell us more please write or type it in this space.



When you have finished, please print pages 7 to 11 of the form and post them to:

FREEPOST Plus RLYC-ETCK-ZSRY
Carers Link East Dunbartonshire
Enterprise Centre, Ellangowan Road,
Milngavie G62 8PH

You do not need a stamp.



You can also fill out this form electronically, save it, and email it to:

enquiry@carerslink.org.uk



If you would like to fill out the online survey click on this link:

<https://www.smartsurvey.co.uk/s/edcarestrategy/>



Please send us your answers before Wednesday 31st December.



If you want to enter a free draw for an iPad or Chromebook please tell us your name and how to contact you.

Your details will only be used for the prize draw.

We will keep your information private.

The [Carers Link privacy policy](#) is online.



Please put a mark in the box for your answer.



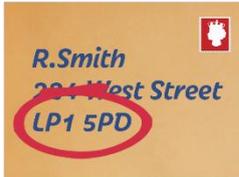
If you are filling out the form electronically, click in the box against your answer and a tick will appear.

	I want to give my answers without giving my name	<input type="checkbox"/>
	I want to enter the free prize draw and my contact details are below.	<input type="checkbox"/>



Name

Address



Phone number or email



Thank you!